Lunch

SALMON AND VEGGIE WRAP AND BLUEBERRIES \$7.98/SERVING EST





Ingredients and groceries scaled from original 1 servings

2 ½ cups zucchini sliced

5 red bell peppers sliced

1 1/4 cups red onion sliced

5 teaspoons olive oil

5 dashes salt

5 dashes pepper

5 torillas Gluten-Free Tortilla

1 1/4 lb. smoked salmon

2 ½ cups cucumber sliced

1 1/4 avocados sliced

Prep: 5 mins Cook: 20 mins

1. Preheat oven to 425°.

- 2. Add zucchini, bell pepper, and red onion to a baking sheet.

 Toss with olive oil, salt, and pepper. Bake until tender, about

 20 minutes.
- 3. To assemble wrap, place cucumbers in the center of tortilla. Top with smoked salmon, roasted veggies, and avocado.

BLUEBERRIES

\$1.25/SERVING EST

Ingredients and groceries scaled from original 1 servings

3 ¾ cups blueberries